ELMIRA COLLEGE NURSE EDUCATION PROGRAM

Course: NSG 3110 Individual Nursing Care I

Credits: 6
Class 3 hours/week
Laboratory and clinical practice 9 hours/week

Term: I, 2009-2010

Faculty: Milissa Volino RN, MS

Clinical Instructors: Thola Wolanski RN, MS
Shirley Forrest RN, MS
Lori Grapes RN, MS

Prerequisite: NSG 2520

Course Description:
A clinical nursing course that focuses on the study of nursing as a process with the individual as client. The use of systems theory and transitional process theory facilitates a view of the individual client interacting with family, social, and health care systems. Additional concepts, theories, and processes are selected from Nursing, the Humanities, and Sciences to form a basis for nursing care. Basic concepts of medical-surgical nursing will be applied to adult clients drawn from several different levels on the health-illness continuum. Opportunity will be given through classroom and clinical experience for the expansion of knowledge of the transitional process, three levels of prevention, and the nursing process.

Course Objectives:
At the completion of the course the student will be able to:

1. Apply appropriate theories and concepts from nursing and related fields as a basis for nursing practice relevant to the self and the individual systems in acute health care setting.
2. Utilize the nursing process to assess health status and to plan, prioritize, and implement activities for the preservation, restoration, and/or maintenance of optimum health for the individual client systems.
3. Examine the position of young, middle-aged, and older adult individuals in acute care settings on the health-illness continuum.
4. Implement activities that support constructive changes in methods of coping with actual or potential health problems based on relevant theories.
5. Examine individual predisposition for various discontinuities as they relate to genetics and genetic markers.
6. Analyze research, relevant to the care of the individual client system, as part of the nursing process.
7. Identify the impact of internal and external discontinuities upon the individual adult system in meeting health care needs.
8. Define and employ the leadership process within the framework of the nurse/client relationship.
9. Identify needed changes in the health care of the individual client system through coordination with colleagues.
10. Demonstrate ethical and legal accountability for the nursing care of adult clients.
11. Demonstrate proficiency in skills necessary to provide nursing care for adult clients in an acute care setting.

Method of Instruction

Class
Laboratory and clinical practice
Cooperative learning activities
Case studies
Student presentations

The student must achieve a minimum of a SOLID 73 (no rounding) in the theory portion of the course and a PASS in the clinical portion to pass this course.

Method of Evaluation

Theory:

<table>
<thead>
<tr>
<th>Activity</th>
<th>Weightage</th>
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<tbody>
<tr>
<td>Quizzes/ Case Studies/ EB papers</td>
<td>10%</td>
</tr>
<tr>
<td>Exam 1</td>
<td>25%</td>
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<tr>
<td>Exam 2</td>
<td>25%</td>
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<tr>
<td>Exam 3</td>
<td>30%</td>
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<tr>
<td>Student Group Presentations</td>
<td>5%</td>
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<tr>
<td>NCLEX Review</td>
<td>P/F</td>
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<tr>
<td>Critical Thinking Activities</td>
<td>P/F</td>
</tr>
<tr>
<td>Care Plans</td>
<td>P/F</td>
</tr>
<tr>
<td>Clinical</td>
<td>P/F</td>
</tr>
<tr>
<td>Service Learning</td>
<td>P/F</td>
</tr>
<tr>
<td>Medication Dose Calculation Exam</td>
<td>P/F</td>
</tr>
</tbody>
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(First attempt counts as a quiz grade)

Exams and Quizzes:
1) Quizzes are taken the first 10 minutes of class, no exceptions. These quizzes will start exactly at 3:20 and finish at 3:30. If a student is late but time remains they may attempt to complete the quiz in less than 5 minutes. Missing class or arriving later than 3:30 pm will result in a zero for the quiz. Evidence-based practice papers and case studies will count as quiz grades on the dates due. The two lowest scores will be discarded at the end of the term. No make-ups will be given.
2) All exams are proctored and taken in the GTL. The third exam contains 70% new material and 30% cumulative concepts.

3) Exams:
   9/29/09 Exam 1 (Tuesday) 3:20-4:50 in GTL
   11/3/09 Exam 2 (Tuesday) 3:20-4:50 in GTL
   12/16/09 Exam 3 (W) 9-11am in GTL

Group Presentations:
1) Students will select to participate in one of 9 groups regarding nutritional needs of specific populations on the first day of class: (Diabetes, Cirrhosis, Renal Failure, Vascular disease, GERD, Dysphagia, MAO Inhibitors, Gastric Bypass (surgical reconstruction), Neutropenia).

2) A brief explanation of the disease process should be included in the presentation. Students will address dietary modifications, nutritional needs and appropriate patient education as they relate to the disease process. A teaching handout will be created and distributed to the class via ANGEL prior to the presentation. Please limit your handout to fewer than three pages, including a reference sheet in APA format. Students must also create a sample menu for a day in the life of a patient with this disease. At least three references should be utilized from the nursing literature. Be creative!

3) Presentations should be presented with POWERPOINT and should be limited to 5-7 minutes.

4) The student group and course instructor will evaluate each poster presentation on content and appearance.

5) Grading rubric may be found on ANGEL.

NCLEX Review Assignment:
1) Each week of the term, you will be expected to complete questions from the NCLEX-RN review text for each topic.
2) This material will serve as preparation for the exams in conjunction with material presented in class and reading assignments.

Critical Thinking Activities:
1) Various activities will be provided in the classroom and clinical setting to foster the development of critical thinking using nursing process.
2) These activities are meant to reinforce knowledge of the course content and help students to synthesize information.

Case Studies:
1) Case studies will be completed prior to entering class.
2) Case Studies will be graded and count as a quiz grade for that day.
3) Students will be expected participate in class discussions related to the case study.

Evidence Based Practice:
1. Evidence based practice articles are scheduled throughout the term.
2. Students will read these articles and compare the practice identified with their text and what they see at the clinical site.
3. Students should write a brief one page paper that contains a summary of the article, a comparison of the article to the text, and a comparison to the article and what they see in the clinical site.
4. Remember to use APA format.
5. These papers will be the quiz grade for that class and no in-class quiz will be given. No late submissions will be accepted.
6. Dates and articles may be found in the assignments for each week.

Clinical Performance: P/F (Pass/Fail)
Clinical performance is evaluated by satisfactory completion of objectives and satisfactory completion of the nursing care plans. You must pass clinical requirements to achieve a passing
course grade in the course. If a student receives a failing grade for clinical, the grade recorded will be an F.

Care Plans:
1) A care plan will be due each week in clinical. It must be written prior to the clinical experience and submitted in clinical.
2) Care plans must include a minimum of two priority nursing diagnosis per patient including cluster data.
3) Students will complete the careplan prior to clinical with the exception of the implementation and evaluation section, which will be completed after clinical.
4) Care plans must be complete and appropriate for the patient. See grading sheet.
5) Sources used must be documented in APA format, failure to use APA format correctly will result in the care plan being returned for revision, and failure to submit the revision will result in a failing care plan and could result in failure of the course.
6) One nursing journal article must be documented for each care plan and utilized in the analysis and synthesis portion of the care plan as students are expected to apply the article in the care of the patient. Please submit a copy of the article with your care plan. The Cochran report and OVID are excellent resources for this activity.
7) Students must receive a passing grade to pass this course.

Course Remediation:
1) Any student experiencing difficulty in course performance (care plans, lab skills, exams, quizzes etc.) will receive a course remediation card. Students must complete recommended remediation activities including attending designated tutoring hours at the discretion of the faculty member. In cases concerning clinical skill performance, it is also necessary to meet with a clinical instructor for re-evaluation. These cards will remain in the student file in the nursing office with other course evaluation forms.

<table>
<thead>
<tr>
<th>Grade</th>
<th>Percentage</th>
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<tbody>
<tr>
<td>A</td>
<td>100 - 93</td>
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<tr>
<td>A-</td>
<td>92.99 - 90</td>
</tr>
<tr>
<td>B+</td>
<td>89.99-86</td>
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<tr>
<td>B</td>
<td>85.99-83</td>
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<tr>
<td>B-</td>
<td>82.99-80</td>
</tr>
<tr>
<td>C+</td>
<td>79.99-76</td>
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<tr>
<td>C</td>
<td>75.99-73</td>
</tr>
<tr>
<td>C-</td>
<td>72.99-70</td>
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<tr>
<td>D+</td>
<td>69.99-66</td>
</tr>
<tr>
<td>D</td>
<td>65.99-63</td>
</tr>
<tr>
<td>D-</td>
<td>62.99-60</td>
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<tr>
<td>F</td>
<td>&lt;60</td>
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* A grade of "C" (minimum of 73) or better in theory portion and a "P" in the clinical portion must be achieved in order to progress to the next required nursing course. A grade of less than a “C” will require the student to repeat the course. A failure in the clinical component will result in an “F” for the course. Grades will not be rounded at the end and students must have a C or better to pass and progress the next nursing course.

Expectations of Students

Attendance

Attendance is expected at all class, laboratory, and clinical experiences. More than four absences from the course could result in failure of the course. An option for make up of one clinical absence is provided in each clinical course. Opportunity to make up additional experiences is determined by the course faculty contingent on the availability of a faculty member, time and clinical agency. If additional opportunities are
available to make up clinical time, a fee of $50.00 per student will be charged per each additional make-up beyond one. Additional written work will be assigned for each clinical absence. See course faculty for guidelines. Over two absences will be referred to the Student Recruitment, Progression and Retention (SRPR) Committee and may result in failure in the course.

Clinical Participation

Students are expected to adhere to the uniform requirements explained in the Nurse Education Program Student Handbook. Picture name tags are to be worn at all times. All students must fulfill the health requirements and hold current CPR certification for health care providers prior to the first day of the clinical experiences and maintain them throughout the academic year. At any time you are not in compliance with these regulations you will **NOT** be permitted to participate in clinical.

Accommodations

Students with documented academic and/or physical disabilities need to contact Mrs. Carolyn Draht. It is your responsibility to make arrangements for any type of approved accommodation in this course. If you have questions concerning this, please contact the course faculty.

Integrity

Academic integrity is the pursuit of scholarly activity free from fraud and deception. A breach of academic integrity includes, but is not limited to, cheating, plagiarism, fabrication of information or citations, facilitating acts of academic dishonesty by others, having unauthorized possession of examination material, submitting another's work or previously used work of any student, including self. Each student is responsible for understanding all the academic policies and requirements, student conduct codes and student grievance procedures of Elmira College, as stated in the current College Bulletin and Student Handbook. Students are held accountable for ethical behavior as described in the American Nurses Association Code of Ethics with Interpretive Statements and Standards of Professional Performance. A professional and ethical attitude and behavior on the part of all computer users is expected and required. Penalties for a breach of integrity will be in accordance with Elmira College policies.

General Information

Assignments

It is expected that **all** readings be completed prior to class. Active class participation is expected. Written assignments are submitted on the date due. Extensions must be approved by the faculty member in advance of the due date. If this procedure is not followed, one percentage point per late day will be subtracted from the final course grade.

Service Learning

In the fall and winter terms all students are required to complete four (4) hours of service learning directly related to this course. These 4 hours are above and beyond your regularly scheduled clinical hours and service hours required by Elmira College. They must be completed on your own time.

Students may participate in planning and conducting a health fair for Parent’s Weekend (10 people), Smoking Cessation/Wellness Group (7 people), or participate on a peer education committee (8 People).
Students are to submit (via drop box on ANGEL) a typed summary, in APA format, of their experience responding to the following questions: 1) Describe the service learning activity that you participated in and why you chose it; 2) Describe your role in this learning activity. What contribution did you make with your service learning activity? 3) What did you learn about the group that you served? How does this information impact the way in which you will practice nursing? And 4) Will you continue to participate in this activity now that you have completed the required four hours? Why or why not? (Please review as these should work in all courses and help with consistency)

**Medication Dose Calculation Exam**

A medication dose calculation test will be administered to assess your competency for safe administration of medications and must be passed with a **minimum of 95%** in order to meet the clinical requirements of this course. If this standard is not met with three competency examinations, it will result in removal from clinical and failure of the course.

Exam will be administered on the second day of clinical.

**APA Style**

All written assignments are to be completed using current APA editorial style. Please refer to your APA manual for specific details as well as the Nursing Resource Library on ANGEL. The Publication Manual of the American Psychological Association (2001) is located in the reference section in the Gannett-Tripp Library.

**Course Web**

The ANGEL Course Management System is used for this course. Students are responsible for all materials on ANGEL and to visit ANGEL for any updates. ANGEL may be accessed from an off campus from the following URL: [http://angel.elmira.edu](http://angel.elmira.edu).

**Diversity**

Diversity is valued at Elmira College. Respect for others, regardless of age, ethnicity, beliefs, physical abilities, gender, sexual orientation, religion and socioeconomic status is expected. Any inappropriate statement or action related to diversity during class, laboratory, or clinical experiences that reflect a lack of respect for others may result in disciplinary action.

**Mountain Day**

If your clinical falls on Mountain Day, you must attend clinical at the designated time.

**Required Learning Resources**

DC: author


Suggested Learning Resources


Library Resources:

The following are a list of areas within the library research page that are useful for finding journal articles. Every article also shows correct APA citation if you click on the yellow citation reference.

OVID
Cochrane Database
CINAHL
RefWorks (Creates APA Reference sheet and catalogues articles for later use.)